



Kolahoi Tarsar Trek

Trek Facts

Trip Code: KTT
 Trip Duration :09 Days
 Grade : Moderate
 Activities :Trekking
 Summary: 09 day trip,04 day trek,4 nights Houseboat
 Total Distance : 62 Km
 Elevation Gain/Loss : 3677 m , -4061 m
 Max slope : 54.3 % , -58.6 % Avg Slope : 10.2 % , -11.4 %

Trek Highlights

- Overnight stay in houseboats
- The Kolahoi Glacier lakes
- Acclimatize safely on a well paced trek
- Experience the interaction with the nomadic Gujars and Bakarwals
- Stay energized with three hearty meals a day freshly



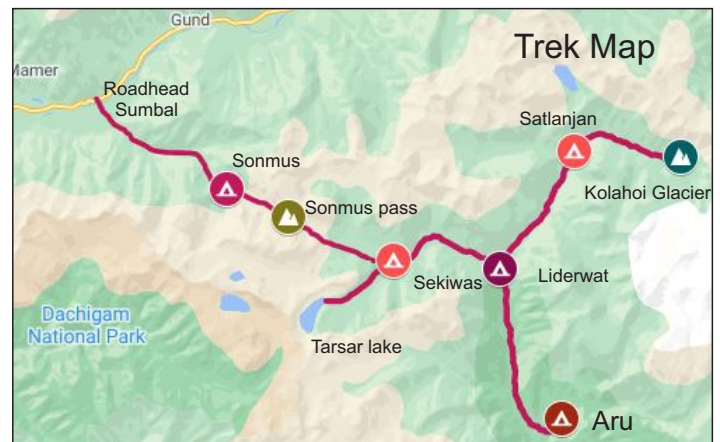
Snowman Adventures

Ultimate Adventure Solution

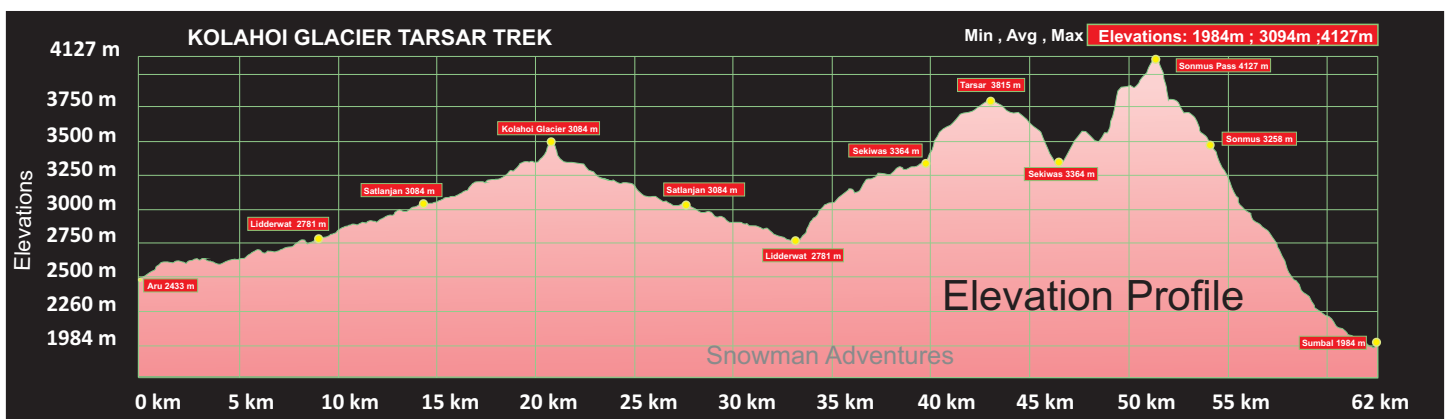
Welcome

Snowman Adventures one of the leading trekking company are passionate about wondering on off the beaten track to provide life time experiences to our trekkers in the himalayan wilderness with the thrill of coming face to face with untouched cultures as well as wild regions of great natural beauty.

Thank you for your interest in our Kolahoi Base Camp Trek We always try to ensure that our itineraries designed by experts are well researched, affordable and tailored for the enjoyment of small groups or individuals - philosophies that have been at our core since 2005 when we began operating adventure holidays in Kashmir. Our itineraries will give you the very best wilderness experience, designed by experience trek guides with incredible local knowledge who share our vision of real exploration and development of eco tourism with a responsible tourism approach towards adventures like trekking, touring, cycling, mountaineering, kayaking or cruising Snowman Adventures can make it happen for



- prepared by our outstanding cooks
- Experience a breathtaking view of Kolahoi peak
- White water rafting on Lidder river
- Shikara Ride on Dal Lake



Why Choose Us ?

Snowman Adventures have been pioneering treks in Kashmir and Ladakh since 2005. Our extra attention to detail and seamless operations on the ground ensure that you will have a memorable trekking experience. Every trek is accompanied by an experienced local leader trained in remote wilderness first aid and leadership course, as well as knowledgeable crew that share a passion for the region in which they work, and a desire to share it with you. A highlight of trekking with Snowman Adventures in the Kashmir Valley is the exploration and development of our unique eco tourism. You will enjoy a full service trek including 3 wholesome meals each day prepared to the highest standards of hygiene and served in our dining tents. Our tented accommodation is two person tents high quality sleeping bags in your trek pack. Toilet tents are pitched in our camps with a hand washing pot. In the main campsite we stay in the tents, and in Srinagar we use an excellent centrally located 4 star hotel or house boats. You can be sure that when booking a Snowman Adventures trek in Kashmir or Ladakh there will be no hidden costs - our all inclusive treks represent the best value for money. Most importantly, our adventures have always sought to benefit the local peoples we interact with, safeguard the ecosystems, we explore and contribute to the sustainability of travel in the regions we experience.

Trek Highlights

- Overnight stay in houseboats
- The gushing Lidder River
- Acclimatize safely on a well paced trek
- Experience the interaction with the nomadic Gujars and Bakarwals
- Stay energized with three hearty meals a day freshly prepared by our outstanding cooks
- Experience a breathtaking view of Lidder Valley and Kolahoi Peak
- White water rafting on Lidder River
- Shikara Ride on Dal Lake

Itinerary at Brief

Brief Itinerary

- Day 1 Arrive Srinagar
- Day 2 In Srinagar. Sightseeing of Mughal gardens
- Day 3 Drive to Aru via Pahalgam.
- Day 4 To Lidderwat
- Day 5 To Satlanjan
- Day 6 To Kolahoi and back to Lidderwat.
- Day 7 To Sikewas
- Day 8 To Tarsar Lake
- Day 9 To Sonmush, cross Sonmush pass
- Day 10 To Srinagar, en-route white water rafting.
- Day 11 In Srinagar Visit the old town
- Day 12 Departure

Itinerary at detail

Day 01 Arrive Srinagar (1585 m)

On arrival you will be met at the airport (or the Tourist Reception Centre if you travelled overland) and transferred to the houseboat/hotel for your overnight stay. There will be an afternoon Shikara ride on Dal Lake.

Accommodation : Overnight Houseboat
Meal Plan : D

Day 02 Half day sightseeing (1585 m)

Morning sightseeing of Mughal Gardens and Shankaracharya temple. Afternoon at leisure and overnight in Srinagar.

Accommodation : Overnight Houseboat
Meal Plan : BLD

Day 03 Drive to Aru via Pahalgam (2420m). 4 hours

An early morning start is imperative as it is a long drive of 105km to Aru, a beautiful lush green pasture with the grand view of the Katrinag Mountains as a backdrop. Afternoon at leisure or a few short walks to stretch the legs for the days ahead. Overnight in tents on two person share basis

Accommodation : in tents on a two person share basis.
Meals : (BLD)

Day 04 To Lidderwat (3050m). 3- 4 Hours. 11 km

The trail begins with a steep climb to a ridge line and then undulates along the true left of the Lidder River, crossing the odd side stream. As we near camp the valley narrows; a foot bridge leading us to our campsite

Accommodation : in tents on a two person share basis.
Meals : (BLD)

Day 05 To Satlanjan (3420m). 2-3 hours

A short and easy day today to help with acclimatization, we trek along the true right of the gushing waters of the Lidder River on an undulating, occasionally steep, trail. We cross five tributaries of a side river beside the Gujar encampment and continue with a gentle descent towards a lush green meadow beside the Lidder River for our overnight camp. There is an optional acclimatization side walk to a ridge in the afternoon.

Accommodation : in tents on a two person share basis.
Meals : (BLD)

Day 06 To Kolahoi base camp (4140m) and return to Lidderwat (3050m). 8-9 hours

An early morning start is imperative as we have a long day ahead of us. Our hike begins upwards and onwards as we head towards Kolahoi Base Camp, passing nomadic shepherds en-route. As we get closer to the glacier the walk becomes a little harder as the terrain becomes rough glacial moraine, but the increasingly spectacular views of the Kolahoi Peak urge us on. In order to gain the best view of Kolahoi we may have to climb a little higher on the ridge

opposite. The return walk is easier and quicker as we head back to Lidderwat via Satlanjan, elated from being so close to the majestic peak.

Accommodation : Overnight in tents on a twin share basis.

Meals : BLD

Day 07 To Sikewas (3450m). 3- 4 hours

After crossing the stream we climb gradually to Postpatri (the valley of flowers) for another spectacular view of the Karakoram mountains. When we reach the saddle at Mangandub we climb steeply towards Zagibal peak (4210m). The climb is strenuous but well worth the effort as we are rewarded with unrivalled views of the Gangabal lakes and Hurmukh peak. A long zig zag descent brings us to the stream crossing, followed by a short climb to our two night camp at Gangabal lakes.

Accommodation : Overnight in tents on a twin share basis.

Meals : BLD

Day 08 To Tarsar lake (3899m) Day excursion. 4 - 5

Today is a well deserved rest day. You can enjoy a pretty walk around the lake, rainbow trout fishing or, if you have a little more energy, head up to Lul Gul pass for a breathtaking view of Nangapabath

Accommodation : Overnight in Houseboat on a twin share basis.

Meals : BLD

Day 09 To Sonmus (3350m) 4 – 5 hours

An early start this morning as we ascend to the Sikewas Pass (4100m). The pass offers wonderful views of the Sindh Valley. We then join a steep downhill trail for 2 hours to a Gujar settlement at Sonmus, where we overnight.

Accommodation : Overnight in tent on a twin share basis.

Meals : BLD

Day 10 To Srinagar (1585m) 3 hours walk 2 hours drive

After Breakfast we descend through dense forest, past Gujar villages and terraced rice fields, to the road head at Sumbal (2130m). After a couple of hours drive along the Sind River we arrive at Srinagar.

Accommodation : Overnight in Houseboat on a twin share basis.

Day 11 in Srinagar (1585m)

After a leisurely breakfast there will be a morning sightseeing tour of the old town by cars/coach. The afternoon is at leisure for your personal activities.

Accommodation : Overnight in Houseboat on a twin share basis.

Meals : BLD

Day 12 Depart Srinagar

You will be transferred to Srinagar airport or the Tourist Reception Center for overland.

Overnight in Houseboat

Meals : B Service Concludes

Service Inclusions

- 9 breakfasts, 9 lunches and 9 dinners
- Airport transfers
- All land transfers
- Trained bilingual leader with wilderness first aid knowledge
- Helpers (Sherpa) for setting up camp and other services
- Professional Cook with support crew
- A mess tent (above 4 pax)
- A cook tent
- Two person tent on twin share base
- Comprehensive wilderness medical kit
- Deluxe house boat accommodation in Srinagar
- Trek kit bag, including sleeping bag, fibre filled and insulated mat
- All park entrance fees and trekking permits
- Pack horse/Ponies to carry all personal and group equipment
- Insurance, protective clothing, food and shelter for pony man
- sightseeing in Srinagar
- Site entry fees

Service Exclusions

- Mineral water and beverages
- Personal items.
- Travel insurance
- Any medical expenses occurred
- Personal laundry
- Evacuation costs
- Single supplements (additional costs on single supplements)

Personal Medical Kit

1. Crepe Bandage
2. Gauze Cloth
3. Cotton
4. Band-Aids
5. ORS
6. Moov/Volini spray
7. Anti Nausea meds
8. Anti Diarrhoea meds
9. Pain Killers – Dispirin/Aspirin
10. Cold/Flu Meds
11. Anti Allergic meds – Avil
12. Antiseptic cream

Essentials

- Trekking shoes – High Ankle length, waterproof, high grip rubber sole shoes.

- 2-3 pairs of comfortable clothing (track pants & tee shirts, preferably the quick-drying synthetic type and full sleeve t-shirts).
- Full sleeve thick jacket (windproof and water resistant) & Fleece.
- A pair of the thermal inner (upper and lower).
- 3-4 socks (at least 1 pair of woolen socks).
- Balaclava
- Woolen&Water proof hand gloves.
- A Poncho / Rain gear.
- Sunglasses (UV protective).
- Bandana / Sun hat to cover head.
- 2 one liter water bottles/hydration bladders(recommended).
- Torch/Headlamp with extra batteries.
- Sandals / Floaters.
- Sunscreen lotion, Moisturizer/Cold Cream, insect repellent & Lip Balm.
- Personal Medical kit (refer recommended list below).
- Personal toiletries kit including toilet paper.
- Energy bars / dry fruits.Whistle.
- Daypack / small backpack to offload items – in case you have to offload backpack on mules
- Plastic bags to carry wet clothes/waste.
- Camera & charger.
- Medical Certificate & Disclaimer* (mandatory)
- Photo ID original compulsory
- one small bottle liquid soap
- Ziplock plastics for small electronic items like camera and phones.

Environmental Protection

The natural environments that you'll travel through are fragile; the cultures and traditions precious and often the communities we pass through are reliant on tourism. It is our responsibility as visitors to minimize the impact of our presence, protect what is precious and where we can leave a positive impact. Leave only food prints

Please bear in mind

These trip notes represent the most current information for this itinerary, and may supersede any information in the current brochure, including but not limited to the itinerary and price. The itinerary should be seen as a guide only. This itinerary may change at any time due to inclement weather, forces of nature and other circumstances beyond our control.

Adventure has inheritant riosk

By its very nature adventure travel has an inheritant element of the unexpected. In remote and developing countries do not expect standards you are used to at home. Remote areas are sometimes unpredictable and itineraries may be altered. To get the most out of your adventure it is important that you are flexible, positive and eager to take on all the challenges that arise. If you are uncertain about your suitability for this trip we recommend that you speak to us to clear your apprehensions

How to reach

By Air -

Most major air carriers like Indian Airlines (www.indian-airlines.nic.in) Jet airways (www.jetairways.com) and Indigo operate daily flights to Srinagar. Reaching Srinagar by flight from New Delhi is the most convenient way.

By Train -

Jammu is the nearest railway station to Srinagar, which is at a distance of 290 km. Jammu railway station is well connected to all major cities in India by rail. Direct train services are available from Delhi, Chennai, Bangalore and Trivandrum.

By Bus -

Srinagar is linked by the National Highway 1A to the rest of the country. J & K state road transport operates comfortable buses from Jammu. The Journey takes about 10 hours to reach Srinagar

Booking information

Please take the time to read and understand the conditions of booking set out below prior to booking a trip with us. We strongly recommend that you also read the Essential Trip Information relating to your trip prior to booking to ensure that you understand the itinerary, style and physical demands of the trip you are undertaking.

1. OUR CONTRACT All bookings are made with Snowman Adventures trading as Adventure Tours (us/we). By booking a trip with us you are deemed to have agreed to these Booking Conditions (which constitutes the entire agreement between you and us) and your booking will be accepted by us on this basis. The services to be provided are those referred to in your booking confirmation invoice.

2. VALIDITY Dates and itineraries are valid from 01 April 2019 to 31 March 2020. Beyond 31 March 2020 dates and itineraries are indicative only.

3. DEPOSIT REQUIREMENT You are required to pay a non-refundable deposit of \$ 100 per person per trip for your booking to be confirmed. If your booking is made within 56 days of the departure date then the full amount is payable at the time of booking.

4. ACCEPTANCE OF BOOKING AND FINAL PAYMENTS If

nvoice. A contract will exist between us from the date we issue the confirmation invoice or if you book within 30 days of departure the contract will exist when we accept your payment. Please refer to your booking confirmation invoice for details regarding final payments. Payment of the balance of the trip price is due 56 days before the departure date. If this balance is not paid on or before the due date we reserve the right to treat your booking as cancelled

5. PRICES & SURCHARGES Our trip prices are subject to variable and seasonal pricing, both of which are standard practice within the travel industry. This means our trip prices may vary at any time in accordance with demand, market conditions and availability. It is likely that different passengers on the same trip have been charged different prices. Your best option if you like the price you see is to book at that time. Any reduced pricing or discounts that may become available after you have paid your deposit will not apply. If you wish to cancel your booking to take advantage of a cheaper price, full cancellation conditions apply. The most up to date pricing is available on our website. Prices are based on currency exchange rates as of June 2017; note that prices may vary depending on which currency the booking is made. We reserve the right to impose surcharges up to 56 days before departure due to unfavorable changes in exchange rates, increases in airfares or other transportation costs, increases in local operator costs, taxes, or if government action should require us to do so. In such instances we will be responsible for the any amount up to 2% of the trip price and you will be responsible for the balance. If any surcharge results in an increase of more than 10% of the trip price you may cancel the booking within 14 days of notification of the surcharge and obtain a full refund. Air Passenger Duty is included in the price of your air inclusive trip. Please note that a surcharge may be applied to all purchases made by credit card.

6. YOUR DETAILS In order for us to confirm your travel arrangements you must provide all requested details with the balance of the trip price. Necessary details vary by trip; they include but are not limited to full name as per passport, date of birth, nationality, passport number, passport issue and expiry date and any pre-existing medical conditions you have which may affect your ability to complete your travel arrangements. On some more demanding trips we also require you to complete and forward a Self-Assessment form. Failure to provide requested details may result in additional charges or non-refundable cancellation of your trip.

7. CANCELLATION BY THE TRAVELLER If you cancel some or all portions of your booking cancellation fees will apply. A cancellation will only be effective when we receive written confirmation of the cancellation. If you cancel a trip: - 30 days or more prior to departure, we will retain the deposit; - between 15 and 29 days prior to departure, we will retain 50% of the total booking cost- 14 days or less prior to departure, we will retain 100% paid by you in connection with the booking. Note that different cancellation conditions apply to some trips and additional services. Your booking consultant will advise if differences apply. Please note that for certain travel arrangements the cancellation charge may be higher than those shown. In certain cases a 100% cancellation fee applies as soon as the booking is made and the ticket is issued. You will be advised of different cancellation charges at time of booking. You are strongly advised to take out cancellation

insurance at the time of booking which will cover cancellation fees. If you leave a trip for any reason after it has commenced we are not obliged to make any refunds for unused services. If you fail to join a tour, join it after departure, or leave it prior to its completion, no refund will be made. The above cancellation fees are in addition to fees which may be levied by accommodation providers, travel agents or third party tour and transport operator fees.

8. CANCELLATION BY US Our trips are guaranteed to depart once they have one fully paid traveller unless minimum group size specifically states otherwise. We may cancel a trip at any time prior to departure if, due to terrorism, natural disasters, political instability or other external events it is not viable for us to operate the planned itinerary. If we cancel your trip, you can transfer amounts paid to an alternate departure date or receive a full refund. In circumstances where the cancellation is due to external events outside our reasonable control refunds will be less any unrecoverable costs. We are not responsible for any incidental expenses that you may have incurred as a result of your booking including but not limited to visas, vaccinations, travel insurance excess or non-refundable Flights.

9. BOOKING AMENDMENTS If you wish to transfer from one trip to another or transfer your booking to a third party you must notify us at least 56 days prior to the proposed departure date. A fee of \$200 per person per change will apply (in addition to any charges levied by hotels, ground operators or airlines). If you notify us less than 56 days prior to the proposed departure date the refund policy applicable to cancellations will apply. Transfers to a third party are only permitted where the transferee meets all the requirements in relation to the trip, and transfers to another departure can only be made to a departure within the current validity period. Amendments to any other arrangements made in conjunction with your trip will incur an \$130 administration fee per booking per change. This fee is in addition to any charges levied by hotels, ground operators or airlines. No amendments are permitted to your booking within

10. INCLUSIONS

The land price of your trip includes:

- all accommodation as listed in the Essential Trip Information
- all transport listed in the Essential Trip Information
- sightseeing and meals as listed in the Essential Trip Information
- the services of a group leader as described in the Essential Trip Information

11. EXCLUSIONS

The land price of your trip does not include:

- international or internal flights unless specified
- airport transfers, taxes and excess baggage charges unless specified
- meals other than those specified in the Essential Trip Information
- Visa and passport fees
- travel insurance
- Optional activities and all personal expenses

12. AGE & HEALTH REQUIREMENTS

A minimum age at the time of travel applies to many of our trips – please see specific Essential

Trip Information for details. For the majority of our trips we have no upper age limit though we remind you that our trips can be physically demanding and passengers must ensure that they are suitably fit to allow full participation. All travellers under the age of 18 must be accompanied by a legal guardian, or in lieu of a legal guardian, by an escort over the age of 18, appointed by their legal guardian. The legal guardian or their designee will be responsible for the traveller under the age of 18 day to days care.. Please note, families must upgrade from dorm-share

accommodation to private rooms where applicable We cannot guarantee triple or joining rooms for families; accompanying adults may be required to share with others in the group on a twin share basis.

13. SMALL GROUPS & COMBINATION TRIPS

At times we can have groups with small numbers of travellers. Many of our trips are designed to fit with other departures to create a longer “combination” trip; this means that some of your group may have already been travelling together for some weeks when you commence your trip. If you would like to know how many people are booked on your trip or any combination trip it is part of please ask prior to making your booking.

14. PASSPORT AND VISAS

You must carry a valid passport and have obtained all of the appropriate visas, permits and certificates for the countries which you will visit during your trip. Your passport must be valid for 6 months beyond the duration of the trip. It is your responsibility to ensure that you are in possession of the correct visas, permits and certificates for your trip; please refer to the Essential Trip Information for details. We are not responsible if you are refused entry to a country because you lack the correct passport, visa or other travel documentation.

15. TRAVEL INSURANCE

Travel insurance is mandatory for all our travellers and should be taken out at the time of booking. Your travel insurance must provide cover against personal accident, death, medical expenses and emergency repatriation with a recommended minimum coverage of US\$200,000 for each of the categories of cover. We also strongly recommend it covers cancellation, curtailment, personal liability and loss of luggage and personal effects. You must

provide your travel insurance policy number and the insurance company’s 24 hour emergency contact number on the first day of your trip; you will not be able to join the trip without these details. If you have travel insurance connected to your credit card or bank account please ensure you have details of the participating insurer, the insurance policy number and emergency contact number with you rather than the bank’s name and credit card details

17. CHANGE OF ITINERARY

While we endeavour to operate all trips as described we reserve the right to change the trip itinerary. Please refer to our website before departure for the most recent updates to your itinerary.

BEFORE DEPARTURE: If we make a major change we will inform you as soon as reasonably possible if there is time before departure. The definition of a major change is deemed to be a change affecting at least one day in five of the itinerary. When a major change is made you may choose between accepting the change, obtaining a refund of money paid on the land portion of the trip only or accepting an alternative tour offered.

AFTER DEPARTURE: We reserve the right to change an itinerary after departure due to local circumstances or events outside of our control. In such emergency circumstances the additional cost of any necessary itinerary alterations will be covered by you. Please note we are not responsible for any incidental expenses that may be incurred as a result of the change of itinerary such as visas, vaccinations or non-refundable flights.

18. AUTHORITY ON TOUR

Our group trips are run by a group leader. The decision of the group leader is final on all matters likely to affect the safety or well-being of any traveller or team member participating in the trip. If you fail to comply with a decision made by a group leader, or interfere with the well-being or mobility of the group, the group leader may direct you to leave the trip immediately, with no right of refund. We may also elect not to carry you on any future trips booked. You must at all times comply with the laws, customs, foreign exchange and drug regulations of all countries visited, and you also agree to travel in accordance with our responsible travel guidelines.

19. ACCEPTANCE OF RISK

You acknowledge that the nature of the trip is adventurous and participation involves a degree of personal risk. You will be visiting places where the political, cultural and geographical attributes present dangers and physical challenges greater than those present in our daily lives. We use information from government foreign departments and reports from our own contacts in assessing whether the itinerary should operate. However it is also your own responsibility to acquaint yourself with all relevant travel information and the nature of your itinerary. You acknowledge that your decision to accept, special, punitive or exemplary damages.

travel is made in light of consideration of this information and you accept that you are aware of the personal risks attendant upon such travel.

20. LIMITATION OF LIABILITY

We contract with a network of companies, government agencies and individuals to assist in the running of our trips as agent for these third parties. We are not responsible for the acts and omissions of these third parties. To the fullest extent permitted by law:

any liability for any loss, death, injury or damage which you may sue (directly or indirectly) in connection with or arising out of your participation in a trip, or any breach of the Booking Conditions, is excluded;

- you release us and our officers, employees, agents and representatives from any liability and expressly waive any claims you may have against us arising out of or in connection with your participation in a trip; and

- any condition or warranty which would otherwise be implied by law into these Booking Conditions (Implied Warranty), is excluded.

To the extent an Implied Warranty cannot be excluded, our liability in respect of the Implied Warranty is limited to (in our absolute discretion): (i) the provision of a similar trip to an equivalent value; or (ii) a refund of the total amount received by us

from you in connection with your booking. Any claim by you is excluded to the extent that it is for indirect or consequential loss, loss of profits or economic loss, however it arises, or for indirect, special, punitive or exemplary damages.

21. OPTIONAL ACTIVITIES

Optional activities not included in the trip price do not form part of the trip or this contract. You accept that any assistance given by your group leader or local representative in arranging optional activities does not render us liable for them in any way. The contract for the provision of that activity will be between you and activity provider.

22. CLAIMS & COMPLAINTS

If you have a complaint about your trip please inform your group leader or our local representative at the time in order that they can attempt to rectify the matter. If satisfaction is not reached through these means then any further complaint should be put in writing to us within 30 days of the end of the tour.

23. SEVERABILITY

In the event that any term or condition contained in these Booking Conditions is unenforceable or void by operation of law or as being against public policy or for any other reason then such term or condition shall be deemed to be severed from this contract or amended accordingly only to such extent necessary to allow all remaining terms and conditions to survive and continue as binding.

24. PHOTOS AND MARKETING

You consent to us using images of you taken during the trip for advertising and promotional purposes in any medium we choose. You grant us a perpetual, royalty-free, worldwide, irrevocable licence to use such images for publicity and promotional purposes.

25. PRIVACY POLICY

Any personal information that we collect about you may be used for any purpose associated with the operation of a Trip or to send you marketing material in relation to our events and special offers. The information may be disclosed to our agents, service providers or other suppliers to enable us to operate the Trip. We will otherwise treat your details in accordance with our privacy policy (available for viewing on our Website).

26. APPLICABLE LAW

The laws of UT JK India govern these Booking Conditions to the fullest extent allowable. Any disputes in connection with a trip or these Booking Conditions must be initiated in the courts of UT JK, India

REGISTERED ADDRESS

Chinkral Mohalla, Habba Kadal
Near fire station Barinambal Babademb
Srinagar Kashmir
JK UT India



Snowman Adventures

Ultimate Adventure Solution

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